

# DANCE

## PRE-DANCE (Ages 4-6)

Fundamental dance movement, ballet, tap and jazz expressed to music along with warm-ups, tumbling and simple dance sequences. Instructor: Garnett Kepler. 6 sessions.

Activity #312701A \$23/Res; \$28/Non-Res  
4/19-5/24 Mon 4:30-5:20 pm Foster

## ACROBATICS (Ages 5-10)

Introduction to basic tumbling moves and agility tricks such as handstands, cartwheels, front and back somersaults and bridges. We will work on stretching and limbering the body and learn proper form of tumbling. Each child will work on moves and tricks appropriate to their skill level. Instructor: Garnett Kepler. 6 sessions.

Activity #312700A \$23/Res; \$28/Non-Res  
4/22-5/27 Thu 4:20-5:10 pm Foster

## BALLET/JAZZ (Ages 5-12)

Introduction to basic ballet steps and terminology with fundamental jazz techniques. Develop dancing skills and enhance creative movement. Instructor: Garnett Kepler. 6 sessions.

Activity #312702A (Ages 5-7) \$23/Res; \$28/Non-Res  
4/20-5/25 Tue 5:30-6:20 pm Foster

Activity #312702B (Ages 8-12) \$23/Res; \$28/Non-Res  
4/21-5/26 Wed 4:30-5:20 pm Foster

## BEGINNING TAP I (Ages 5-7)

Designed for children with no previous dance experience; this class will include basic tap steps and simple combinations, as well as developing an awareness of how the tap sounds relate to music. Instructor: Julie Williams. 7 sessions.

Activity #312715A \$25/Res; \$30/Non-Res  
4/9-5/21 Fri 6:30-7:10 pm Foster

## BEGINNING TAP II (Ages 8-10)

Designed for students who have already taken Tap I. This class takes students into the next level of tap including basic tap steps and rhythm combinations. Instructor: Julie Williams. 7 sessions.

Activity #312716A \$25/Res; \$30/Non-Res  
4/9-5/21 Fri 7:20-8 pm Foster

## VARIETY D.A.N.C.E. (Ages 5-14)

Developing And Nurturing Community Empowerment (D.A.N.C.E.) is a non-profit organization dedicated to teaching underprivileged children of the community the art of dance. In each D.A.N.C.E. level listed below, students will learn Jazz, Tap, Hip Hop, Acrobatics, Ballet, Step, Cheer, and African movements. Once students' progress beyond the Introduction level classes, there will be an additional costume fee; levels 2-3 commit to perform in monthly events and/or competitions. All level students will be given a mentor with whom they can address their concerns and needs, are provided tutoring sessions, are encouraged to continue their education beyond high school, and become active within the community by doing community service. Mentoring/Study sessions for all students will be Mondays and Wednesdays from 5:30-6:30 pm. Instructors: Roslyn English & Chadorea Mack. 16/8/4 sessions. All Variety Dance students are expected to participate in a mandatory recital in May (additional costume fees approximately \$30; instructors will provide more information at class).

**Introduction:** (No previous experience)

Activity #312720A (Ages 5-8) \$20/Res; \$25/Non-Res  
4/8-5/27 Thu 6:15-7:15 pm Foster

Activity #312720B (Ages 9-14) \$20/Res; \$25/Non-Res  
4/8-5/27 Thu 7:30-8:30 pm Foster

Activity #412720A (Ages 5-8) \$20/Res; \$25/Non-Res  
7/8-8/26 Thu 6:15-7:15 pm Foster

Activity #412720B (Ages 9-14) \$20/Res; \$25/Non-Res  
7/8-8/26 Thu 7:30-8:30 pm Foster

**Level 2/3:** (Instructor Recommendation)

Activity #312720D (Ages 5-14) \$40/Res; \$45/Non-Res  
4/5-5/26 Mon & Wed 6:30-8:30 pm Foster

Activity #312720DD (Ages 5-14) \$40/Res; \$45/Non-Res  
6/2-6/23 Wed 6:30-8:30 pm Foster

Activity #412720D (Ages 5-14) \$40/Res; \$45/Non-Res  
7/7-8/25 Wed 6:30-8:30 pm Foster

**S.T.A.R.S. Dance Co.** (Audition Only)

Activity #312720F (Ages 5-14) \$10/Res; \$15/Non-Res  
4/8-5/27 Thu 4:30-6 pm Foster

Activity #312720FF (Ages 5-14) \$10/Res; \$15/Non-Res  
6/3-6/24 Thu 4:30-6 pm Foster

Activity #412720F (Ages 5-14) \$10/Res; \$15/Non-Res  
7/8-8/26 Thu 4:30-6 pm Foster

## MEXICAN DANCE-LEVEL I/LEVEL II (Ages 6-Adult)

Students will learn traditional folklorico dances. Level I is for the very beginning student and includes costuming, footwork, and cultural enjoyment. Level II is a continuation of Level I and requires instructor recommendation. Instructor: Alicia Guevara Quintero and Anna Ortega. 7 sessions.

**Level I** (Beginning):

Activity #312706A (Ages 6-12) \$14/Res; \$19/Non-Res  
4/10-5/22 Sat 10:30-11:30 am Foster

**Level II** (Continuation/Experienced):

Activity #312706B (Ages 8-12) \$14/Res; \$19/Non-Res  
4/10-5/22 Sat 11:30 am-12:30 pm Foster

Activity #312706C (Ages 13-17) \$14/Res; \$19/Non-Res  
4/10-5/22 Sat 12:30-1:30 pm Foster

Activity #312706D (Adults) \$14/Res; \$21/Non-Res  
4/10-5/22 Sat 12:30-1:30 pm Foster

## PINT SIZE NIA (Ages 5-8)

NIA is an exciting opportunity for your child to experience the joy of movement through creative expression and music. We will play with guided and non-guided movements and expressions. Children are welcome and encouraged to participate in a way that feels comfortable to them. Instructor: Trudie Wilson. 8 sessions.

Activity #350300D \$32/Res; \$37/Non-Res  
4/15-6/3 Thu 4-4:45 pm Southside (Hill)

Activity #450300D \$32/Res; \$37/Non-Res  
6/24-8/12 Thu 4-4:45 pm Southside (Hill)

## NIA TEENS (Ages 13-17)

Discover NIA through dance, healing arts, creative movement and music. You can enjoy NIA regardless of your fitness level. Instructor: Trudie Wilson. 8 sessions

Activity #350300E \$32/Res; \$37/Non-Res  
4/15-6/3 Thu 5-5:45 pm Southside (Hill)

Activity #450300E \$32/Res; \$37/Non-Res  
6/24-8/12 Thu 5-5:45 pm Southside (Hill)

## BEGINNING BELLY DANCE FOR TEENS (Ages 12-17)

A Middle Eastern dance class designed with your teen in mind. We will introduce basic movements, veil work and a short dance/choreography. Folk dances such as Debke (Lebanese) & Sertos (Greek) will be covered. Instructor: Garnett Kepler. 6 sessions.

Activity #312713A \$23/Res; \$28/Non-Res  
4/19-5/24 Mon 5:30-6:20 pm Foster

